NOVEMBER 2014



MENUS



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 B-Egg Taco OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Nachos W/ Cheese Sauce or Bean Dip, Corn, Celery w/ PB, Mandarin Oranges	4 B-WG Waffles, Sausage OR WG Cereal/WG Waffle, Fruit, Milk L-Chicken Noodle Soup, PB&J Sandwich, Lettuce Salad, Peaches	5 B- Yogurt Parfait OR WG Cereal/ WG Muffin, Juice/Fruit, Milk L- BBQ Rib on WG Bun, FF and/or Swt. FF, Broccoli w/ Cheese, Pears	6 B-WG Cereal, WG Toast, Fruit, Milk L-Mini Corn Dogs, Baked Beans, Peas, Pineapple Tidbits	7 B- WG French Toast Sticks OR WG Cereal/ WG Muffin, Juice/Fruit, Milk L- Spaghetti, Green Beans, Garlic Bread, Mixed Fruit
10 B-WG Pancakes, Sausage OR WG Cere- al/WG Pancake, Juice/ Fruit, Milk L-Ham Pat- ty, Tator Gems and/or Swt. Tator Gems, Peas, Mandarin Oranges HIGH SCHOOL ONLY	11 B-Toaster Pastry OR WG Cereal/WG Muffin, Fruit, Milk L-Vegetable Beef Soup, Lettuce Salad, Cheese Breadsticks, Applesauce	12 B-WG Cereal, WG Toast, Juice/Fruit, Milk L-Chicken Nuggets, Mashed Potatoes w/ Gravy, Corn, Peaches	13 B-Sausage Gravy, WG Biscuits OR WG Cereal/WG Biscuit, Fruit, Milk L-Tacos, Broccoli w/ Cheese, Celery w/ PB, Mixed Fruit	14 B-Omelet, WG Toast OR WG Cereal/ WG Toast, Juice/Fruit, Milk L-Goulash, Green Beans, WG Dinner Rolls w/ Jelly, Pears
17 B-Breakfast Pizza OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Chicken Patty, FF and/or Swt. FF, Broccoli w/ Cheese, Pineapple Tidbits	18 B- Egg Taco OR WG Cereal/WG Muffin, Fruit, Milk L-Submarines, Green Beans, Gelatin, Pears	19 B- WG Waffles, Sausage OR WG Cere- al/WG Waffle, Juice/ Fruit, Milk L-Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Peaches	20 B- WG Cereal, WG Toast, Fruit, Milk L-Chili Soup w/ Cheese, WG Cinnamon Roll, Lettuce Salad, Applesauce	21 B-Breakfast Bar OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Turkey & Dressing, Mashed Potatoes w/ Gravy, Corn, Mixed Fruit
24 B-Scrambled Eggs, WG Toast OR WG Cereal, WG Toast, Juice/Fruit, Milk L-Tomato Soup, Cheese Sandwich, Let- tuce Salad, Pears	25 B- Yogurt Parfait OR WG Cereal/ WG Muffin, Fruit, Milk L-Hamburger, FF and/ or Swt. FF, Tomatoes, Applesauce	26 B- WG Cereal, WG Toast, Juice/Fruit, Milk L-Hot Dog on WG Bun, Baked Beans, Corn, Mixed Fruit	NO SCHOOL THANKSGIVING DAY!	28 NO SCHOOL THANKSGIVING BREAK!
hanks giving			Menus are subject to change without notice. USDA is an equal opportunity provider and employer	Milk served every meal. A variety of fruits and vegetables are offered with every meal.